



TALKING TÜRKIYE

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NEWSLETTER

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Serving Izmir Air Station, Türkiye



Master Sgt. Tanya Jacquez, 425th Air Base Squadron Medical Aid Station flight chief, and Tech. Sgt. Robert Wilson, 425th ABS Medical Aid Station NCO in charge, test water for chlorine levels in the Izmir Club water.

Independent Duty Medical Technicians

Commentary by Master Sgt. Tanya Jacquez
425th Air Base Squadron Medical Aid Station flight chief

In 1947, when the Air Force separated from the Army, only 1480 service members were permitted to transfer to the Air Force Medical Service Corp. Shortly after, the service recognized the need to develop and train its own medics and established training at Maxwell-Gunter Air Force Base, Alabama. Training was going well until the late 1950s when the Cold War established the need for radar sites to be built across the northern frontier. These new extremely remote locations drove the need for a more advanced medics. Since these sites typically only contained less than 100 Airmen, it was not practical to assign them with a physician, dentist or support Airmen. Additionally, during the Vietnam War, as small isolated stations opened up across South East Asia, the need for this hybrid Airman grew. Out of these needs, the modern day Independent Duty Medical Technician was born.

In today's Air Force, you will find IDMTs in a variety of locations. They are often the only medical asset at deployed or remote overseas locations. While stateside, you will find them at Basic Military Training, Officer Training School, Cheyenne Mountain Complex and Survival school. They are the medics assigned to Squadron Medical Elements, Security Forces groups and even Red Horse squadrons. A few may even be disguised as regular medics in your Medical Treatment Facility. Trust me, they are not regular medics.

IDMTs are like having a little Medical Group in one individual. IDMTs are the only enlisted health care providers in the Air Force Medical Service Corp. They can assess, evaluate, diagnose and treat any Active Duty member in the absence of a provider within their established protocols. They receive advanced training on public health functions such as facility inspections, prevention of food borne illness, disease containment, and field sanitation. They learn bio-environmental tasks such as water sampling and heat stress measurements. They learn how to perform lab, logistics, pharmacy and medical administrative duties. They can even order an Aeromedical evacuation if the situation dictates.

By now you are wondering how they do it all. IDMTs attend a 13-week additional training course after meeting a long list of prerequisites. After this 13-week training course they return to their base and must complete over 150 hours of training annually to maintain and advance their skills. They must see 80 patients under the direction of a physician, 24 hours in the dental clinic, 24 hours in immunizations, 4 food/facility inspections and 4 shop visits yearly. They must maintain Advanced Cardiac Life support, Emergency Medical Technician, Basic Cardiac Life Support instructor, and Self Aid Buddy Care instructor certifications.

(Story continued on Page 2)

Action Line



The Action Line is your direct link to me. I use the Action Line to help identify and address your concerns when normal command and agency channels haven't been able to resolve them. To submit an action line, e-mail: action.line@izmir.af.mil, or complete a form at NATO Building # 1 or the Izmir Consolidated Center entry control point.

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IDMTs

(Story continued from Page 1)

IDMTs are constantly getting feedback from the subject matter experts in all the areas they train and visit.

So next time you see one of your friendly IDMTs out and about, give them a high five or thumbs up. It will probably make their day. They are training and working hard to make sure you are getting the best level of medical care.

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COURSE	TITLE	DAYS	TIMES	START	END	Class Number	GoArmyEd Number
HIST 156	History of the United States to 1865 Live Streaming On-Site	M, W	18:30-21:30	17 Aug	11 Oct	85158	117710
SPCH100	Public Speaking Hybrid class	Tu, Th	18:00 - 21:00	17 Aug	11 Oct	85660	128774
TURK111	Elementary Turkish I	M, W, Th, F	17:30 - 18:30	17 Aug	11 Oct	TBA	TBA

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Photo by Tanju Varlikli

A view from Eski Foça by the entry to the Küçükdeniz Harbor where fish restaurants, discos, shops, bars and recreational areas are lined up along the shore.

Foça: a nice little fishing town

Story by Tanju Varlikli

425th Air Base Squadron Host Nation Adviser

Foça, a little fishing town about 45 minutes northwest of Izmir, was established in the 11th century as "Phokaia" in antiquity. Eski Foça (Old Foça) and Yeni Foça (New Foça) are two famous districts of Foça. Eski Foça is probably the best of the two districts for tourism.

The two bays called Küçükdeniz (Small Sea) and Büyükdeniz (Big Sea) resemble a half moon.

All fish restaurants, discos, shops, bars and recreational areas are lined up along the shore. On narrow stone-paved streets, you will see little stone-houses lined up across from each other. When walking from one end to the other, take the time to sit on one of the benches by the Five Doors Castle to watch the sunset. The noise coming from the little boats coming back from fishing is a harmony that completes the day.

The little sea-side town receives its name from monk seals. The monk seals on the back of the ancient Phokaian coins are proof that the town has long honored these animals. Although the seal is the modern symbol of Foça, in ancient times it was the rooster, the symbol of living and early awakening. There is also a belief among Foça locals that there is a hidden golden rooster somewhere in the little town, sought for many years by treasure hunters.



Photo by Tanju Varlikli

A Foça fisherman repairs nets before going out to sea in Foça, a fishing town 45 minutes northwest of Izmir.

People living in Foça earn their living from fishing and tourism. While the fishermen drink their teas during the sunset, the fish collected from their nets are being sold to the restaurants. One can find fresh fish like coral fish, bass and grey mullet for reasonable prices.

"We have special fishing tours from 6 a.m. to 1 p.m. for those interested in fishing," said Kemal Kemiksiz, a native fisherman of Foça who has been working at the market for years. "No matter whether you are a professional or an amateur, you can have a day of fun for 50 TL (Turkish lira). If you don't like fishing, and just want to eat good fish, all you need to do is to buy the type of fish you like from the fish market, and take it to the nearest restaurant. The restaurant will only charge you for cooking the fish, and you can have a cheaper lunch or dinner in this way."

There is a well-known rumor in Foça about a black stone, the location of which is unknown in the town. If people step on it once, they will never want to leave Foça. If they are obliged to go, they will sooner or later come back to Foça. People who hear this story are likely to go for a stroll around the town hoping to step on that black stone and stay in this beautiful town.

So make the most of it at Foça during the ITT boat trip this weekend and enjoy the Küçükdeniz Harbor where fish restaurants, discos, shops, bars and recreational areas are lined up along the shore on the way back.

MOVIE NIGHT AT THE IZMIR CLUB THIS COMING SATURDAY

Aug. 1, 2015



5.30 p.m.
Furious 7
(PG-13)

Aug. 1, 2015



8 p.m.
Unfriended
(R)

“Furious 7” Plot Summary: Deckard Shaw seeks revenge against Dominic Toretto and his family for his comatose brother.

“Unfriended” Plot Summary: A group of online chat room friends find themselves haunted by a mysterious, supernatural force using the account of their dead friend.

“Risk management works weekends too!”



SPECIAL CLUB EVENT

Turkish-American Night



**Saturday,
1st August**
The belly dancer
will perform at
2300 hours

Complimentary Food at Midnight!

AIR FORCE SERVICES
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UPCOMING TRIPS

- ❖ **AUGUST 1** BOAT CRUISE AT FOÇA
- ❖ **AUGUST 8** TOUR TO A WATERPARK
- ❖ **AUGUST 15** BOAT CRUISE AT ÇEŞME
- ❖ **AUGUST 22** PARASAILING TRIP
- ❖ **AUGUST 29** BOAT TRIP AT KUŞADASI
- ❖ **SEPTEMBER 12** TRIP TO MMH & EPHEŞUS
- ❖ **SEPTEMBER 19-20** TRIP TO ŞAMOS

TEAM COHESION CHALLENGE (SEPTEMBER 27, 2015)



Designed to offer the military members the opportunity to participate in adventure type events promoting mental physical and social fitness.