Military & Family Readiness Center | November 2022

COMPLITY ONNECTON

DSN: 314-675-6638 | COMM: 0 (232) 455-6638 | 425ABS.AFRC.1@us.af.mil | ICC, 6th Floor, Rm 642-1

PERSONAL FINANCIAL COUSELING SERVICES

The M&FRC at Incirlik has welcomed a Personal Financial Counselor for al US Personnel assigned to Turkey. For more information on budgeting, home buying, investing please reach out to Rick. He can be contacted by calling his DSN at 675-6256 or by email at pfc.incirlik.usaf@zeiders.com and is available for virtual appointments.

"The habit of saving is itself an education; it fosters every virtue, teaches self-denial, cultivates the sense of order, trains to forethought, and so broadens the mind."

T.T. Munger

8 MONEY TRAPS TO AVOID DURING THE HOLIDAYS

- 1. Splurging on yourself.
- 2. Finding a good deal, and spending more to make up the difference.
- 3. Buying more of something just because it's on sale.
- 4. Spending more to get free shipping.
- 5. Going overboard with stocking stuffers.
- 6. Getting swept up in seasonal sales.
- 7. Buying all of the wrapping paper, gift tags, bows, and accessories.
- 8. You finished early, and still want to shop.

UPCOMING EVENTS

11 - 14: MFRC Office Closed

24 - 27: MFRC Office Closed

IZMIR 411

This is not an official 425 ABS Facebook page, but we've found it to be helpful as people share their experience and expertise to answer questions to the best of their ability.



NATIONAL AMERICAN INDIAN HERITAGE MONTH

National American Indian Heritage Month is observed from 1 - 30 November of each year. The observance month recognizes American Indians for their respect for natural resources and the Earth, having served with valor in our nation's conflicts and for their many distinct and important contributions to the United States.

EVENTS INTHE IZMIRCOMMUNITY

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SWEATER WEATHER

Although Izmir experiences all four seasons, the city is known for its everlasting summers, and rather short autumns and springs. Chilly evenings nowadays mean open-air entertainment options such as concerts and festivals have largely ended, and many people retreated to the downtown. But Izmir still has plenty to offer, so check out our suggestions for November!

IZMIR STATE SYMPHONY ORCHESTRA (IZDSO)

The IZDSO will perform four concerts this month every Friday at the Ahmed Adnan Saygun Arts Center (AASSM). Check out https://izmirsenfoni.gov.tr/en/concerts/ for more details.

IZMIR STATE OPERA AND BALLET (IZDOB)

TThe IZDOB has a packed schedule for November with Puccini's La Boheme, Bizet's Carmen and Verdi's La Traviata, while also offering daytime musicals for children. Check out Program (operabale.gov.tr) for more details and tickets.

AHMET ADNAN SAYGUN ARTS CENTER (AASSM) CONCERTS

The AASSM offers five classical concerts this month, ranging from a violin & piano recital to Olten Philharmonic's monthly performance. Check out https://www.aassm.org.tr/en/Activities/Index for more details.



The Military & Family Readiness Center is committed to providing excellent customer service. Please let us know how we are doing by scanning the QR code.

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IZMIR INTERNATIONAL MEETING ON MEDITERRANEAN CINEMAS

The second edition of the Izmir International Meeting on Mediterranean Cinemas will be held between Nov. 7 and 12. A total of 34 movies – mainly from France and Turkey – that include productions from 2021 and 2022 will be screened at the movie theaters of the French Cultural Center, Izmir Sanat and Izmir Mimarlik Merkezi.

THE SCHOOL OF PARIS THROUGH THE LENS OF FAHRI PETEK

This archive exhibition delves into the daily lives of Turkish intellectuals and artists in Paris between 1945 and 1968 through photographs captured by Turkish scientist Fahri Petek. Running between Sep. 27 and Feb 12 at the French Cultural Center, the exhibition is in conjunction with the "L'air de Paris / The Air of Paris" exhibition at Arkas Art Center.

TANGERINE AND OLIVE HARVEST

Tangerines or mandarin oranges are cultivated throughout the Aegean region, and November is the time for harvest. Tangerine trees are common even in downtown Izmir, while orchards abound in the countryside. Offering fresh tangerines, jams and other related products, Karaburun and Seferihisar municipalities mark the occasion with festivals on Nov. 5 and Nov. 19, respectively.

Olive is another main product of the region, and now it is also the time for harvest. Early harvest and cold-pressed olive oil has low acidity, tastes much better from those you can buy from supermarkets, and goes great with salads, cheese and vegetable dishes. Many locals in Izmir try to procure their oil directly from producers and cure their own table olives, and it is recommended to follow on their footsteps if you're a bit of a gourmet yourself. Not just for these two products, but for all kinds of fresh fruits and vegetables, make sure you make a stop in your weekly neighborhood bazaar every once in a while.

EVENTS MILE ZMRCOMMUNITY

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WEEKEND EXCURSION INCIRALTI, SAHILEVLERI, BALCOVA

While most of downtown Izmir's seafront is heavily built-up and altered for recreational or commercial purposes, the coastline in Inciralti and Sahilevleri area stands out for remaining rather green, low-rise and natural. The area north of the Cesme highway was somehow spared from dense construction and still features vast tangerine orchards, which have increasingly given way for lavish villas, greenhouses and openair entertainment venues over the past decades. Still, the area is a perfect location for long walks and biking with its green landscape and low traffic, while offering perfect weekend getaways.

Located right next to the Uckuyular Pier, the 154-acre wide Inciralti City Forest surrounds the Cakalburnu Lagoon, which is home to various bird and fish species all year round. Further west, several cafes and restaurants surround the Inciralti seafront area, where the naval museum and its museum ships of TCG Ege (former USS Ainsworth frigate), TCG Pirireis submarine (former USS Tang) and TCG Kasirga patrol boat are anchored. The seafront is interrupted further down the road since the headquarters of the Southern Sea Area Command of Turkish Navy occupies a small cape guarding the entrance of the Gulf of Izmir, along with a 17th-century Ottoman fortress which was built for the same purpose. From the western end of the military zone to the Cesme highway lies the Sahilevleri neighborhood, a former resort district that has later transformed into one of the most upscale quarters of Izmir with plenty of choices to grab a bite.

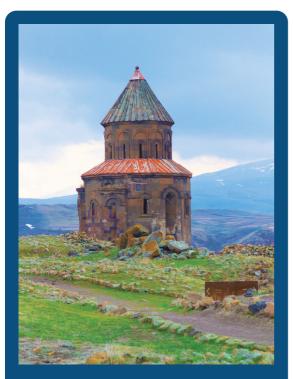
Balcova is also famous for its thermal springs, which are attributed to Agamemnon, the mythological king who commanded the Greek in the Trojan War, who arrived in the region for himself and his troops to recuperate. The springs have been regarded as a healing center ever since, and currently two hotels operate thermal and spa centers that offer daily use packages, thermal cures and physiotherapy, along with accommodation options including thermal baths. Balcova has also turned into one of Izmir's leading shopping districts in recent decades since Ozdilek, Kipa, Ege Park, Koctas, Asmacati, Palmiye, Agora, and Istinye Park shopping malls all operate in the area.

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WEEKEND EXCURSION INCIRALTI, SAHILEVLERI, BALCOVA (CONTINUED)

If you're looking to have a clearer view of what you had just seen, then take the Balcova Cable Car, with its lower station located right across the Izmir Economy University. Referred to as the "Teleferik" by locals, the cable car brings to a hilltop where you can see spectacular views of the gulf and the city. Up there, a walking trail guides you to picnic and barbeque grounds overlooking the gulf and the Balcova Dam, in addition to a cafeteria and a shop where you can buy barbeque items among others.



Church of Saint Gregory, Ani



Apollo's Temple, Didim

